



HELLO OCTOBER

# Dilworth Weekly Menu: October 1-5

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Whole Grain Cereal  
Milk  
(HAW,PC,MI Bananas)  
100 % apple juice

Pancakes  
Diced Pears

Milk

Toast with Butter  
Applesauce

Milk

Breakfast Pizza  
Pineapple

Milk

Cinnamon Rolls  
Peaches

Milk

Lunch

Corn dogs  
Green Beans  
Oranges

Milk

Chicken Nuggets  
Corn  
Peaches

Milk

Shredded Chicken Baked  
Beans  
Broccoli  
Banana

Milk

Black Bean Tacos  
Carrots  
Pineapple

Milk

Tomato Soup and Grilled  
Cheese  
Mixed fruit  
Mixed veg

Milk

Infant/Toddler Snack

Animal Crackers  
Applesauce

Water

Bagels and Cream Cheese

Water

Veggie Straws  
Cottage Cheese

Water

Goldfish  
Banana

Water

Blueberry  
Graham  
Cracker Bars

Water

Preschool/S. Age Snack

Animal Crackers  
Apple Slices

Water

Bagels and Cream Cheese

Water

Chex Mix  
Cottage Cheese

Water

Goldfish  
Bananas

Water

Club Crackers  
Cheese Slice

Water